

Commuter and Residential Camps

Camp includes
Speed and Skills training
Professional coaches
Camp T-shirt
Certificate and performance evaluation

PALS Soccer Camps offer first class professional staff, skills, technical, tactical and speed training to players at all levels.

From beginners to advanced each coach will help players to develop increased soccer performance.

Camp features include :
World Cup, Striker Shoot Out, Keeper Wars, Speed King, 3v3 Tournament, 1v1 Champion and much more
Special guest coaches for 2009 include coaches from English Premier League Academy's

**Campers MUST bring plenty of water.
Sibling discounts available.
Special price for teams of 6 players or more**

Call PALS Office for more details

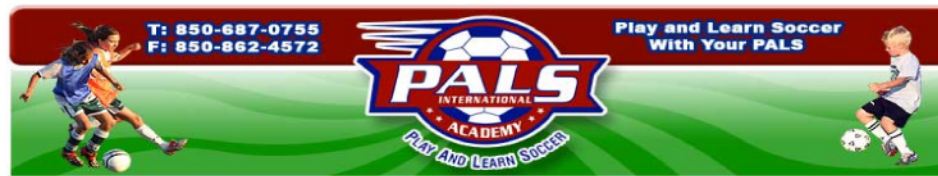
850-687-0755

Or Marty Shirley

352-241-7144 ext 4212

Early Registration discount available

TO REGISTER GO TO WWW.PLAYANDLEARNSOCCER.COM
Email: info@playandlearnsoccer.com



Why PALS Academy Premier League Soccer Camps?

Top professional coaches
Curriculum based creative activities
Fun, Safe, Positive Environment
Challenging for players of all abilities
Fitness and performance improvement

Morning Camp Schedule players age 8-14

8 am Staff arrive on site
8:30 am Camper check in
9 am Technical warm up
9:15 am Technical session 1
10 am Technical session 2
10:30 am Break
10:45 am Small games and Competitions
12 pm Camper Pick up

Cost: \$110

Evening Camp for Players Age 5-7

Camp starts at 6pm ends at 8:30pm
Monday - Thursday

6pm-7pm Technical Skills
7:15-8:25 Games and Fun Activities

Cost: \$95



**Great value for money camp experience
Proven training method**